



mln call

A MEDICARE LEARNING NETWORK® (MLN) EVENT

# Medicare Diabetes Prevention Program (MDPP) Expanded Model

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# Disclaimer

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# Acronyms

Below is a list of acronyms used frequently throughout this presentation.

Acronym	Description
CDC	Centers for Disease Control and Prevention
CDC DPRP	Centers for Disease Control and Prevention Diabetes Prevention Recognition Program
National DPP	National Diabetes Prevention Program
CMS	Centers for Medicare and Medicaid Services
CMMI	Center for Medicare and Medicaid Innovation
MDPP	Medicare Diabetes Prevention Program
NPI	National Provider Identifier
PFS	Physician Fee Schedule



# Agenda

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# Objectives

**Our primary objectives for today's call are outlined below.**

1. Enhance awareness of the MDPP expanded model set of services
2. Increase knowledge and understanding of the MDPP policies finalized in the CY18 Physician Fee Schedule [final rule](#)
3. Provide additional resources and address questions related to the MDPP expanded model



# Context

MDPP services respond to high rates of type II diabetes among older Americans.

## Problem

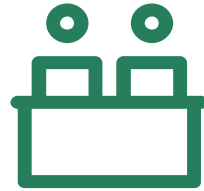


**25% of Americans 65 years and older are living with type II diabetes**, which negatively impacts health outcomes



Care for older Americans (65+ years) with diabetes costs Medicare **\$104 billion annually, and is growing**

## MDPP Services



**Health behavior change sessions** furnished by coaches with the goal of **weight loss**

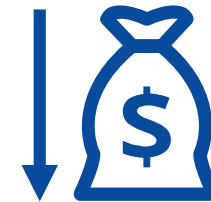


**CDC-approved curriculum** delivered in person to beneficiaries with an indication of prediabetes

## Impact



**Promotes healthier behaviors** for eligible Medicare beneficiaries that could prevent or delay type II diabetes



**Decreases healthcare costs** associated with diabetes



# Overview of MDPP Services

MDPP services are offered over a two year period and are intended to prevent the onset of type II diabetes.



## Months 0-6 Core Sessions

- MDPP suppliers must offer a minimum of 16 sessions, offered at least a week apart, during the first 6 months
- Sessions are available to eligible beneficiaries regardless of weight loss and attendance
- MDPP suppliers must use a CDC-approved curriculum to guide sessions



## Months 7-12 Core Maintenance Sessions

- MDPP suppliers must offer a minimum of 6 monthly sessions during the second 6 months
- Sessions are available to eligible beneficiaries regardless of weight loss and attendance
- MDPP suppliers must use a CDC-approved curriculum to guide sessions



## Months 13-24 Ongoing Maintenance Sessions

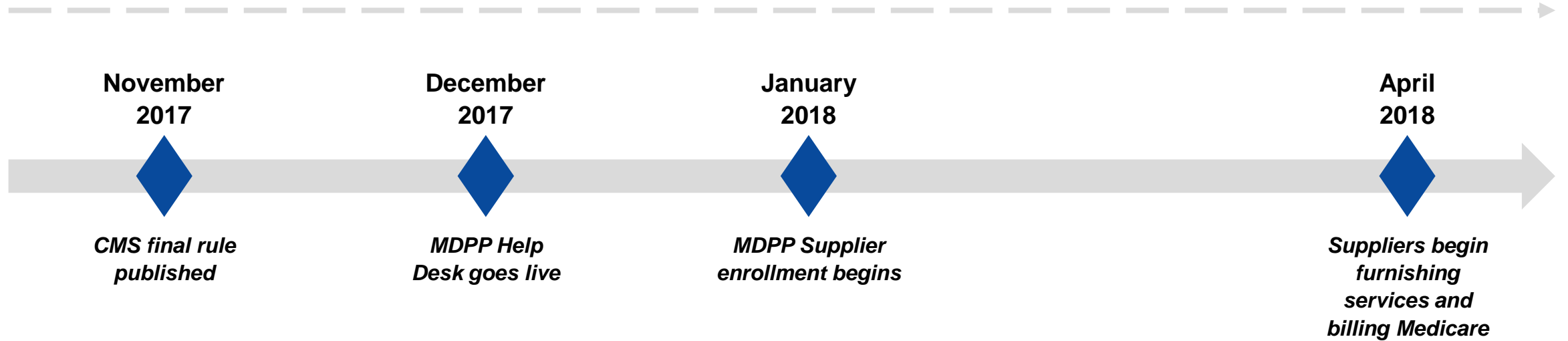
- MDPP suppliers must offer monthly maintenance sessions for an additional 12 months
- Eligible beneficiaries who achieve and maintain weight loss and attendance goals have coverage for 3 month intervals of monthly maintenance sessions for up to 1 year
- MDPP suppliers must use topics from a CDC-approved curriculum to guide sessions. Session topics may be repeated.



# Key Upcoming Dates

Key upcoming dates related to the MDPP services rollout are highlighted below.

*Prospective MDPP supplier applicants and coaches may obtain National Provider Identifiers (NPIs) at any time*





# MDPP Policies Finalized in the CY17 Physician Fee Schedule

The first cycle of MDPP rulemaking impacted the following policies in the CY17 PFS.

**MDPP Services and Description**

**Expansion Authority and Timing**

**Beneficiary Eligibility**

**CDC Recognition**

**Supplier Enrollment**

**Coach NPI Requirements**

**Supplier Revocation**

**Evaluation Requirements**



# MDPP Policies Finalized in the CY18 Physician Fee Schedule

The second cycle of MDPP rulemaking impacted the following policies in the CY18 PFS.



MDPP Services and Description



Supplier Standards and Compliance



Beneficiary Eligibility



Payment Policy



Supplier Enrollment



Billing Codes





Beneficiary Engagement Incentives



# Key Policy Changes in the CY18 Physician Fee Schedule

## MDPP Services and Description

New policy  Information added  Clarification 



MDPP Policy	CY17	CY18	Change
<b>MDPP start date</b>	<ul style="list-style-type: none"> <li>Expanded Model start date January 1, 2018</li> </ul>	<ul style="list-style-type: none"> <li>Supplier enrollment begins January 1, 2018</li> <li>Delivery and billing begin April 1, 2018</li> </ul>	 New start date
<b>Terminology</b>	The CY17 PFS established these terms: <ul style="list-style-type: none"> <li>“MDPP core benefit”</li> <li>“MDPP eligible beneficiary”</li> <li>“Maintenance session bundle”</li> </ul>	The CY18 PFS removed the previous terms and established the following: <ul style="list-style-type: none"> <li>“MDPP services”</li> <li>“Set of MDPP services”</li> <li>“MDPP services period”</li> <li>“Core session”</li> <li>“Core maintenance session”</li> <li>“Ongoing Maintenance session”</li> <li>“MDPP session”</li> <li>“MDPP beneficiary”</li> <li>“Core maintenance session interval”</li> <li>“Ongoing maintenance session interval”</li> <li>“Make-up session”</li> <li>“Virtual make-up session”</li> </ul>	 Terms added and removed



# Key Policy Changes in the CY18 Physician Fee Schedule

## MDPP Services and Description

 New policy  
  Information added  
  Clarification  
 

MDPP Policy	CY17	CY18	Change
<b>Set of services</b>	<ul style="list-style-type: none"> <li>12 month core service period; unspecified number of ongoing maintenance sessions</li> <li>Additional preventive service; no cost sharing requirements</li> </ul>	<ul style="list-style-type: none"> <li>12 months (not 24 months or unspecified) of ongoing maintenance sessions if beneficiaries meet weight loss and attendance goals, for a total MDPP services period of up to 2 years</li> </ul>	 New length
<b>Make-up sessions</b>	<ul style="list-style-type: none"> <li>No previous policy</li> </ul>	<ul style="list-style-type: none"> <li>In-person                             <ul style="list-style-type: none"> <li>Must use same curriculum as session missed</li> <li>Maximum of one per week; maximum of one per day of regularly scheduled sessions</li> </ul> </li> <li>Virtual                             <ul style="list-style-type: none"> <li>Same requirements as in-person make-up sessions</li> <li>Only by beneficiary request</li> <li>Compliant with DPRP virtual standards</li> <li>Max of 4 during the core services period, of which no more than 2 are core maintenance sessions</li> <li>Max of 3 that are ongoing maintenance sessions</li> <li>Weight loss measurements taken cannot be used for payment or eligibility</li> </ul> </li> </ul>	 New make-up session policy



# Key Policy Changes in the CY18 Physician Fee Schedule



## Beneficiary Eligibility

New policy



Information added



Clarification




MDPP Policy	CY17	CY18	Change
<b>Eligibility criteria to begin MDPP services</b>	<ul style="list-style-type: none"> <li>Enrolled in Medicare Part B</li> <li>BMI of at least 25, 23 if self-identified as Asian</li> <li>1 of 3 pre-diabetic blood tests</li> <li>No previous history of diabetes, except gestational diabetes</li> <li>Must not have end-stage renal Disease (ESRD)</li> <li>Once-per-lifetime limit: no previous receipt of MDPP core services</li> <li>Provider referrals are not required</li> </ul>	<ul style="list-style-type: none"> <li>Diabetes diagnosis during the MDPP Services Period does not disqualify beneficiaries</li> <li>Once-per-lifetime limit: no previous receipt of <u>any</u> MDPP services (not just core services)</li> </ul>	<p>Criteria clarified</p>
<b>Eligibility criteria for ongoing maintenance sessions</b>	<ul style="list-style-type: none"> <li>Beneficiary must have maintained 5% weight loss during the previous interval to be eligible for the next ongoing maintenance session interval</li> </ul>	<ul style="list-style-type: none"> <li>Beneficiaries must attend at least one in-person core maintenance session in months 10-12 and achieve or maintain 5% weight loss in months 10-12 to be eligible for coverage of the first ongoing maintenance session interval</li> <li>Beneficiaries must attend at least 2 sessions and maintain 5% weight loss within an ongoing maintenance session interval to be eligible for the next ongoing maintenance session interval</li> </ul>	<p>Addition of attendance-based eligibility criteria</p>



# Key Policy Changes in the CY18 Physician Fee Schedule

## Payment Policy

New policy  Information added  Clarification 

MDPP Policy	CY17	CY18	Change
Payment policy	<ul style="list-style-type: none"> <li>No previous policy</li> </ul>	<ul style="list-style-type: none"> <li>Medicare payments to MDPP suppliers made if requirements met:                             <ul style="list-style-type: none"> <li>Beneficiary is eligible</li> <li>Supplier meets all program requirements, including accepting mandatory assignment</li> <li>Sessions furnished by an eligible coach</li> <li>Weight loss measurement taken in person at an MDPP session</li> <li>Beneficiary meets attendance or weight loss goal(s)                                     <ul style="list-style-type: none"> <li>Includes at least 2 sessions per maintenance intervals</li> </ul> </li> <li>The supplier is eligible for a bridge payment</li> </ul> </li> </ul>	 New requirements



# Key Policy Changes in the CY18 Physician Fee Schedule

## Payment Policy

MDPP Core Services			Ongoing Maintenance Sessions (12 months, 4 intervals)			
Core Sessions (6 months)	Core Maintenance Sessions (6 months, 2 intervals)					
(Months 0 – 6)	Interval 1 (Months 7-9)	Interval 2 (Months 10-12)	Interval 1 (Months 13-15)	Interval 2 (Months 16-18)	Interval 3 (Months 19 – 21)	Interval 4 (Months 22-24)
1 session: \$25 4 sessions: \$50 9 sessions: \$90	2 sessions (with 5% WL*): \$60	2 sessions (with 5% WL*): \$60	2 sessions (with 5% WL*): \$50	2 sessions (with 5% WL*): \$50	2 sessions (with 5% WL*): \$50	2 sessions (with 5% WL*): \$50
<b>NOTE:</b> Core session payments are made regardless of achievement of weight loss	2 sessions (without 5% WL*): \$15	2 sessions (without 5% WL*): \$15	2 sessions (without 5% WL*): \$0	2 sessions (without 5% WL*): \$0	2 sessions (without 5% WL*): \$0	2 sessions (without 5% WL*): \$0
<b>5 Percent weight loss achieved: \$160</b>			<b>9 percent weight loss achieved: \$25</b>			

\* WL = weight loss from the beneficiary's baseline's weight



# Key Policy Changes in the CY18 Physician Fee Schedule



## Billing Codes

HCPCS G-Code for MDPP Services	Payment Amount	Description of MDPP Service	May be reported with Modifier VM (Virtual Make Up Session)
G9873	\$25	1 <sup>st</sup> core session attended	No
G9874	\$50	4 total core sessions attended	Yes
G9875	\$90	9 total core sessions attended	Yes
G9876	\$15	2 core maintenance sessions attended in months 7-9 (weight loss goal not achieved or maintained)	Yes
G9877	\$15	2 core maintenance sessions attended in months 10-12 (weight loss goal not achieved or maintained)	Yes
G9878	\$60	2 core maintenance sessions attended in months 7-9 and weight loss goal achieved or maintained	Yes
G9879	\$60	2 core maintenance sessions attended in months 10-12 and weight loss goal achieved or maintained	Yes
G9880	\$160	5 percent weight loss from baseline achieved	No
G9881	\$25	9 percent weight loss from baseline achieved	No
G9882	\$50	2 ongoing maintenance sessions attended in months 13-15 and weight loss goal maintained	Yes
G9883	\$50	2 ongoing maintenance sessions attended in months 16-18 and weight loss goal maintained	Yes
G9884	\$50	2 ongoing maintenance sessions attended in months 19-21 and weight loss goal maintained	Yes
G9885	\$50	2 ongoing maintenance sessions attended in months 22-24 and weight loss goal maintained	Yes
G9890	\$25	Bridge payment – first session furnished by MDPP supplier to an MDPP beneficiary who has previously received MDPP services from a different MDPP supplier	Yes
G9891	\$0	MDPP session reported as a line-item on a claim for a payable MDPP services HCPCS G-code for a session furnished by the billing supplier that counts toward achievement of the attendance performance goal for the payable MDPP services HCPCS G-code	Yes







# Key Policy Changes in the CY18 Physician Fee Schedule

## Supplier Enrollment

New policy  Information added  Clarification 

MDPP Policy	CY17	CY18	Change
<b>MDPP supplier eligibility: Recognition</b>	<ul style="list-style-type: none"> <li>In order to enroll as an MDPP supplier, organizations require full CDC recognition</li> <li>Preliminary recognition deferred to CY18</li> </ul>	<ul style="list-style-type: none"> <li>Suppliers with MDPP preliminary recognition may enroll</li> <li>MDPP preliminary includes MDPP interim preliminary and any preliminary recognition established by the CDC</li> <li>Created MDPP interim preliminary recognition Standard. Criteria include at least 60% of participants attend at least 9 sessions in months 1-6 and at least 60% attend at least 3 sessions in months 7-12. An organization must continue to follow other CDC DPRP standards.</li> </ul>	 MDPP Preliminary recognition fully defined
<b>Enrollment application and fee</b>	<ul style="list-style-type: none"> <li>Established new MDPP supplier type</li> <li>Re-enrollment requirement for current Medicare providers</li> <li>High categorical risk screening</li> <li>Collect coach NPI and identifying information</li> </ul>	<ul style="list-style-type: none"> <li>New Medicare enrollment application specific to MDPP suppliers</li> <li>Prospective MDPP suppliers must pay fee upon enrollment</li> <li>Revalidate every 5 years, at moderate risk</li> </ul>	 Enrollment application clarified



# Key Policy Changes in the CY18 Physician Fee Schedule



## Supplier Standards and Compliance

New policy



Information added



Clarification



MDPP Policy	CY17	CY18	Change
<b>Compliance with MDPP supplier standards</b>	<ul style="list-style-type: none"> <li>Suppliers will be revoked if CDC recognition is lost</li> </ul>	<ul style="list-style-type: none"> <li>Established MDPP supplier standards:                             <ul style="list-style-type: none"> <li>Excludes suppliers with for-cause Medicaid terminations</li> <li>Prevents use of ineligible coaches</li> <li>Ensures MDPP suppliers are operational</li> <li>Enables appropriate beneficiary access</li> <li>Ensure adequate beneficiary disclosures</li> <li>Protect beneficiaries against complaints,</li> <li>Supports compliance with the expanded model evaluation</li> </ul> </li> </ul>	<p>Established and defined standards</p>
<b>Coach eligibility</b>	<ul style="list-style-type: none"> <li>NPI requirement</li> <li>Identifying information for vetting purposes</li> </ul>	<ul style="list-style-type: none"> <li>Established eligibility criteria</li> <li>Ineligible coaches would result in MDPP supplier enrollment denial or revocation, as appropriate.</li> <li>In the case of administrative action based on an ineligible coach, MDPP suppliers have the opportunity to submit a corrective action plan to regain compliance</li> </ul>	<p>Use of coach information clarified</p>



# Key Policy Changes in the CY18 Physician Fee Schedule



## Supplier Standards and Compliance

New policy



Information added



Clarification



MDPP Policy	CY17	CY18	Change
<b>Crosswalk requirement</b>	<ul style="list-style-type: none"> <li>Crosswalk policy described</li> </ul>	<ul style="list-style-type: none"> <li>MDPP suppliers become eligible to submit crosswalk 6 months after furnishing MDPP services and must submit at the closest quarter</li> <li>Must continue submitting quarterly thereafter.</li> </ul>	<p>Clarified frequency</p>
<b>Other record-keeping</b>	<ul style="list-style-type: none"> <li>Suppliers are required to maintain and handle any beneficiary PII and PHI in compliance with HIPAA</li> <li>Must maintain all documents for 7 years</li> </ul>	<ul style="list-style-type: none"> <li>Clarified that beneficiary information related to MDPP, including PII and PHI, must be maintained and handled as appropriate under HIPAA, other applicable state and federal privacy laws, and CMS standards.</li> <li>Upon first session, records must include:                             <ul style="list-style-type: none"> <li>Organizational and beneficiary information</li> <li>Evidence of beneficiary eligibility</li> </ul> </li> <li>Upon every additional session, records must include:                             <ul style="list-style-type: none"> <li>Type of session</li> <li>NPI of coach leading the session</li> <li>Date and place of service</li> <li>Beneficiaries' weights</li> </ul> </li> <li>Records must be kept for a 10-year period</li> </ul>	<p>Additional requirements added</p>



# Key Policy Changes in the CY18 Physician Fee Schedule



## Beneficiary Engagement Incentives

New policy



Information added



Clarification



MDPP Policy	CY17	CY18	Change
<b>Beneficiary engagement incentives</b>	<ul style="list-style-type: none"> <li>No previous policy</li> </ul>	<ul style="list-style-type: none"> <li>Incentives may be furnished by an MDPP supplier to a beneficiary to whom the supplier is furnishing MDPP services. The items or services furnished as incentives must meet the following conditions:                             <ul style="list-style-type: none"> <li>Furnished directly by an MDPP supplier or by an agent of the MDPP supplier, such as a coach, under the MDPP supplier's direction and control</li> <li>Reasonably connected to the CDC-approved DPP curriculum</li> <li>Preventive care item or service or an item or service that advances a clinical goal for an MDPP beneficiary by engaging him or her in better managing his or her health.                                     <ul style="list-style-type: none"> <li><i>Clinical goals:</i> session attendance, weight loss, long-term dietary change, and adherence to long-term health behavior changes.</li> </ul> </li> <li>Not be tied to the receipt of services outside of the MDPP services.</li> <li>Not be tied to the receipt of services from a particular provider, supplier, or coach.</li> <li>Not be advertised or promoted; an MDPP beneficiary may be made aware during the engagement incentive period when they could reasonably benefit from the items/services</li> <li>The cost must not be shifted to another federal health care program.</li> <li>The cost must not be shifted to an MDPP beneficiary.</li> </ul> </li> </ul>	<p>New policy</p>



# Key Policy Changes in the CY18 Physician Fee Schedule



## Beneficiary Engagement Incentives

New policy




Information added



Clarification



MDPP Policy	CY17	CY18	Change
<b>Beneficiary engagement incentives of technology</b>	<ul style="list-style-type: none"> <li>No previous policy</li> </ul>	<p>Items or services involving technology furnished as incentives must meet the following conditions:</p> <ul style="list-style-type: none"> <li>May not, in the aggregate, exceed \$1,000 in retail value for any one MDPP beneficiary</li> <li>Must be the minimum necessary to advance a clinical goal for an MDPP beneficiary.</li> <li>Items exceeding \$100 in retail value must:                             <ul style="list-style-type: none"> <li>Remain the property of the MDPP supplier; and</li> <li>Be retrieved from the MDPP beneficiary at the end of the engagement incentive period. The MDPP supplier must document all retrieval attempts, including the ultimate date of retrieval.                                     <ul style="list-style-type: none"> <li>Documented diligent, good faith attempts to retrieve items of technology will be deemed to meet the retrieval requirement.</li> </ul> </li> </ul> </li> </ul>	 New policy



# Key Policy Changes in the CY18 Physician Fee Schedule



## Beneficiary Engagement Incentives

New policy




Information added



Clarification



MDPP Policy	CY17	CY18	Change
<b>Beneficiary engagement incentives</b>	<ul style="list-style-type: none"> <li>No previous policy</li> </ul>	<p>Suppliers must establish contemporaneous documentation of incentives that exceed \$25 in retail value that includes at least:</p> <ul style="list-style-type: none"> <li>The date the incentive was furnished.</li> <li>The identity of the MDPP beneficiary to whom the item or service was furnished.</li> <li>Documentation establishing that the item or service was furnished to the MDPP beneficiary during the engagement incentive period.</li> <li>For items or services that are used on an ongoing basis during the engagement incentive period, including items involving technology exceeding \$100 in retail value, documentation must establish that the MDPP beneficiary is in the engagement incentive period throughout while using the item or service</li> <li>The agent of the supplier who furnished the item or service, if applicable.</li> <li>A description of the item or service.</li> <li>The retail value of the item or service.</li> <li>The MDPP supplier must retain and provide access to the documentation.</li> </ul>	 New policy



# Helpful Resources and Information

There are many resources available to support organizations interested in becoming an MDPP supplier.



## About MDPP

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- [MDPP website](#)
- [CDC DPRP standards](#)



## Medicare Enrollment/NPIs

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- Enrollment: [PECOS](#)
- NPIs: [NPPES](#)



## Billing/Claims

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- [MAC jurisdictions](#)

If you cannot find what you are looking for:



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# Question and Answer Session

There will now be an opportunity for a live question and answer session.

If you have questions that are not addressed during today's call, please submit them to [mdpp@cms.hhs.gov](mailto:mdpp@cms.hhs.gov)

